

What is Claimed is:

1. A paddle comprising:

a shaft;

a blade; and

a grip,

wherein the blade includes (1) a skeleton to reinforce the blade both longitudinally and laterally and (2) an outer surface secured to the skeleton,

wherein the skeleton and the outer surface are made of different and/or the same injection molded materials and/or composite materials,

wherein the blade is attached to the shaft, and

wherein the shaft includes a surface profile, and the grip includes a complimentary surface profile to engage the surface profile of the shaft to removably interlock the grip to the shaft.

2. The paddle of claim 1, wherein the skeleton includes a plurality of ribs.

3. The paddle of claim 2, wherein the ribs are wing-shaped.

4. The paddle of claim 2, wherein the injection molded material of the skeleton includes plastic.

5. The paddle of claim 2, wherein the injection molded material of the outer surface includes polycarbonate.

6. The paddle of claim 1, wherein the shaft is shaped to provide an ergonomic placement and alignment of the grip for a hand of a paddler.

5 7. The paddle of claim 1, wherein the shaft is bent such that (1) a centerline of a first portion of the shaft is offset from a centerline of a second portion of the shaft by at least one of (i) more than 8 degrees and (ii) less than 17 degrees, and (2) a centerline of a third portion of the shaft bisect the center portion of the first portion of the shaft.

10 8. The paddle of claim 7,  
wherein the complimentary surface profile of the grip engages the surface profile of the shaft at the first portion of the shaft, and  
wherein the blade is attached to the shaft at the third portion of the shaft.

15 9. The paddle of claim 1, wherein the shaft includes a molded composite.

10. The paddle of claim 1, wherein the complimentary surface profile of the grip engages the surface profile of the shaft to also locate the grip, relative to the shaft, in  
20 a predetermined orientation and position.

11. A system comprising:  
a shaft; and

a handlebar grip,

wherein the shaft includes a surface profile, and the grip includes a complimentary surface profile to engage the surface profile of the shaft to removably interlock the grip to the shaft in a predetermined orientation and position.

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12. The system of claim 11, wherein the shaft is ergonomically shaped.

13. The system of claim 11, wherein the shaft is bent such that (1) a centerline of a first portion of the shaft is offset from a centerline of a second portion of the shaft by  
10 (i) about more than 8 degrees and (ii) about less than 17 degrees.

14. The system of claim 13, wherein the complimentary surface profile of the grip engages the surface profile of the shaft at the first portion of the shaft.

15 15. The system of claim 11, wherein the shaft includes a molded composite.

16. The system of claim 11, wherein the shaft includes a bar and/or a pole.

17. A system comprising: /

20 a shaft; and

a handlebar grip,

wherein the shaft includes one of (i) a groove and (ii) a projection, and the grip includes the other one of (i) the groove and (ii) the projection to engage the one of (i) the groove and (ii) the projection of the shaft to secure the grip to the shaft.

5           18.    A paddle blade comprising:  
              a skeleton; and  
              an outer surface,  
              wherein the skeleton reinforces the paddle blade longitudinally and/or  
laterally,  
10           wherein the outer surface is secured to the skeleton, and  
              wherein the skeleton and the outer surface are made of different injection  
molded materials and/or composite materials.

15           19.    The paddle blade of claim 18, wherein the skeleton includes a plurality of  
              ribs.

20           20.    The paddle blade of claim 18, wherein the ribs are wing-shaped.

25           21.    The paddle blade of claim 18, wherein the injection molded material of the  
              skeleton is made of plastic.

30           22.    The paddle blade of claim 18, wherein the injection molded material of the  
              outer surface includes polycarbonate.